

# Hope and Help Network

# Charter

To act as a convening of leaders in the Substance Use Disorder and Mental Health space to understand resources and recognize collaborative measures as to how to effectively and efficiently work together to better support residents and resources within the community.

# Composition

Leaders in the Substance Use Disorder, Mental Health and Social Determinants of Health Space.

# Accountabilities

Network members share deep subject matter expertise to support the progress and results of the Hope and Help Network Goals. The goals help support the means of understanding a real time capacity of services within the Monterey County region, better connect residents to available resources and come up with proactive solutions.

1) Establish, maintain and update a comprehensive framework for results in the Substance Use Disorder, Mental Health sector and Social Determinants of Health sector.

### Possible Ways of Engaging:

- Identify shared results, population focus, outcomes, key factors (root causes, levers), strategies, and
  performance measures in the sector with the greatest potential for impacting the results.
- "Connect the dots" of the various initiatives, activities, and efforts in the Substance Use Disorder, Mental Health and Social Determinants of Health.
- Recommend improvement priorities and project sequencing.
- Develop preliminary scope of work summaries for recommended, future projects (special teams may be formed to develop more detailed scope and to implement projects.)
- Be a "sounding board" and provide counsel about key decisions and priorities.
- Recommend potential resources or funding sources to support projects, teams and implementation.
- 2) Share expertise and insights and foster continuous learning with those working to improve Substance Use Disorder, Mental Health and Social Determinants of Health within the community.

### Possible Ways of Engaging:

Local "Bright Spots"	<ul> <li>Find Bright Spots in our community where measured improvement is occurring; share the stories and insights; share kudos and recognition.</li> </ul>
Foster learning and host learning events	<ul> <li>Connect existing opportunities for shared learning.</li> </ul>
Research & Best Practices	<ul> <li>Identify new programs and partners to include in the network.</li> <li>Provide advice and counsel to teams responsible for implementing projects and solutions.</li> <li>Ensure that information about promising practices, research informed and evidence-based practices are available and easily accessible. (Or form a research subgroup to do this.)</li> </ul>

Serve as thought-leaders for innovative practices and new research.

#### 3) Foster shared accountability for results.

#### Possible Ways of Engaging:

- When strategies are identified, influence community leaders to align resources with the solutions.
- Inspire others to believe problems are solvable, that progressive change can happen in our community.
- When decisions require courage, influence community leaders to pursue big change in outcomes.
- Support "results showcase" events or publications that highlight people, interventions and solutions that have • measurably improved community outcomes (an event would be hosted by Hope and Help Network Members).

#### **Time Commitment**

We hope you will commit to being a formal member of the Hope and Help Network for one year at the outset. We expect 6 meetings (bi-monthly 1.5 hour meetings) per year, and ask that you commit to attend at least 5 of 6 meetings. We estimate that participation in the Hope and Help Network would involve about 33 hours (4.1 days) per year.

Advisory Group Meetings: Up to one, 1.5-hour meetings bi-monthly (up to 9 hours per year). Team Support or Special Projects: 1.5 hours per month (optional up to 18 hours per year and only as needed)

Email/web communications: 30 minutes per month (up to 6 hours per year).

### **Resources/Support**

**Co-Chairs:** Josh Madfis (United Way Monterey County Vice President Community Investments) Kalyssa King (United Way Monterey County Community Impact Director of Information, Referral and Partner Development) Linda Yu (United Way Monterey County Program Manager, Hope and Help) Support: Committed members on confirmation

Commitment:

I have reviewed the role of the Hope and Help Network and understand my roles and responsibilities as a Hope and Help Network member.

Organization / Program / Job Title: \_\_\_\_\_

Signed: \_\_\_\_\_

Name: \_\_\_\_\_\_ Date: \_\_\_\_\_