

Presented by the Emerging Leaders Society of United Way Monterey County

STRETCH, CONNECT, AND UNWIND

Join us for a rejuvenating yoga class that's more than just a workout—it's a chance to connect with like-minded professionals and support meaningful change in our community.

Hosted by the Emerging Leaders Society (ELS), this event combines movement and mindfulness with the opportunity to learn how you can get involved in shaping a better future for Monterey County.



**Saturday,
February 22, 2025
11:30am-12:30pm**

**Salty Soul Sanctuary
Carmel Plaza, Third Floor
Ocean Ave & Mission St.**

Tickets on sale for \$20!

Purchase them at unitedwaymcca.org/yoga.

For more information, please contact Crystal Lopez at crystal.lopez@unitedwaymcca.org or call (831) 318-1971.



United Way
Monterey County