

# United Way Monterey County



# Parent Resources Directory 2018



# Introduction

All comments on how to improve this directory are welcomed. It is hoped that as the directory is used, agencies will help us to complete the information fields listed here by using the addition, change and correction form on page 60 and submitting it, as may be convenient by email, fax or telephone.

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#### Agency: 1-877-BABY-SAFE

**Description:** State program provides parents who wish to relinquish voluntary custody of

their newborns the contact information for Safe Surrender Baby site locations

in their area.

Website: <a href="http://www.babysafe.ca.gov/">http://www.babysafe.ca.gov/</a>

Address: No physical address

Toll free: 877-222-9723 877-BABY-SAFE, Baby Safe Surrender Program

#### Program: Safely Surrendered Baby Law

**Description:** Provides parents, who wish to relinquish voluntary custody of their

newborns, the contact information for Safe Surrender Baby site (Safe

Haven) locations in their area.

At the time of surrender, a bracelet is placed on the baby for identification purposes and a matching bracelet is provided to the parent or lawful guardian. A parent or person with lawful custody has up to 14 days from the time of surrender to reclaim their baby. The baby will be placed in a foster or pre-adoptive home. State of California provides protection from criminal liability for parents who

safely relinquish their infants to a Safe Haven location. Infant must be surrendered within 72 hours of birth.

Fees: No fee

**Eligibility:** 

Toll Free: 877-222-9723

#### Agency: ALCOHOLICS ANONYMOUS - MONTEREY BAY AREA INTERGROUP (AA)

**Description:** A fellowship of men and women who share their experience, strength and

hope with each other that they may solve their common problem and help

others to recover from alcoholism.

Address: 1015 Cass Street, Suite 4, Monterey

**Phone:** 831-373-3713 Main Number

# Agency: ALCOHOLICS ANONYMOUS-SALINAS VALLEY AREA INTERGROUP (AA)

**Description:** A fellowship of men and women who share their experience, strength

and hope with each other that they may solve their common problem and

help others to recover from alcoholism.

Website: <a href="http://www.aasalinas.org">http://www.aasalinas.org</a>

Address: 9 West Gabilan Street, Suite 11, Salinas

**Phone:** 831-424-9874 Main Number

#### Agency: ALISAL FAMILY RESOURCE CENTER

**Description:** Community family resource center network which offers a wide range of

family-centered services to families through three different locations.

Website: http://www.alisalfrc.org/

Address: 1441 Del Monte Avenue, Salinas

Phone: 831-775-4500 Alisal Community School Site

# **Program: ESL Courses**

**Description:** Provide community members access to free, self-paced English

Language courses. From beginning level to more advanced levels, the course provides all materials and access to child care as well.

Eligibility: Open to all. Fees: No fee

**Phone:** 831-775-4500

#### **Program: General Health Care Assistance Programs**

**Description:** Provides human services to families residing in East Salinas.

Services include:

 Information and referral (regarding health, social services, employment, education, etc.)

- Assistance in completing forms

 Coordination with city and county nonprofit agencies to provide many services in East Salinas at the Alisal Family

Centers and/or on school campuses

**Eligibility:** Must be families residing in Alisal (East Salinas).

Fees: No fee

**Phone:** 831-775-4500

# Program: Plaza Comunitaria

Description: Provides Adult Basic Education for Spanish-speaking adults and out-

of-school youths in partnership with the Mexican Consulate. Students receive certification for primary and secondary school levels from the

Department of Education.

Eligibility: Must be Spanish speaking adults or out-of-school youths.

**Fees:** No fee **Phone:** 831-775-4500

# Program: Women's Health Counseling

**Description:** Offers information on a series of different topics that support women's

health, well-being, and safety, including domestic violence awareness

and education.

**Eligibility:** Open to all women throughout the community.

Fees: No fee

**Phone:** 831-775-4500

# Program: Health Insurance Counseling and Advocacy Program (HICAP)

**Description:** Provides information, counseling, and low income assistance to

consumers regarding the Medicare program, Medi-gap insurance, long-term care insurance, and other health insurance issues related

to Medicare.

Eligibility: Must be a senior aged 65 or older, or adults (aged 18 or older) with

disability.

Fees: No fee

Phone: 800-434-0222

#### Agency: AMERICAN RED CROSS OF THE CENTRAL COAST

**Description:** Nation's emergency response agency which provides relief to victims of

disasters and helps people prevent, prepare for and respond to

emergencies.

Website: <a href="http://www.redcross.org/centralcoast">http://www.redcross.org/centralcoast</a>

Address: Eighth Avenue at Dolores Street, Carmel By The Sea

**Phone:** 831-624-6921 Main Number

# Agency: ARMY COMMUNITY SERVICE (ACS)

**Description:** Military organization supports the readiness and well-being of Soldiers

and their Families, Civilian Employees, and Retirees. Provides a wide range of services designed to assist the unit in maintaining a high state of readiness for deployment at any time. The visions are self-sufficient Army Families, safe homes, cohesive communities, and enhanced

readiness.

Website: http://pom-acs.com

Address: 4260 Gigling Road, Seaside Phone: 831-242-7660 Main Number

#### Agency: ASI COUNSELING AND PROFESSIONAL SERVICES INCORPORATE

**Description:** Community based agency which provides mental health counseling and

educational services for individuals, groups, private and public agencies. Focuses on anger management, domestic violence, and parenting classes.

Address 21 West Laurel Drive, Suite 59, Salinas

#### Agency: BIG SUR HEALTH CENTER

**Description:** Licensed, nonprofit community clinic which provides primary and

preventative medical services, urgent and emergency care, minor surgical procedures, basic laboratory testing, specialty lipid counseling

and hospice support.

Website:http://bigsurhealthcenter.orgAddress:46896 Highway 1, Big SurPhone:831-667-2580 Main Number

# Agency: BLIND AND VISUALLY IMPAIRED CENTER (BVIC)

**Description:** Nonprofit organization provides free services to visually impaired adult

residents of Monterey County.

Website: www.blindandlowvision.org
Address: 225 Laurel Avenue, Pacific Grove

Toll free: 800-404-3505 Main Number, within Monterey County

# Agency: BOYS AND GIRLS CLUBS OF MONTEREY COUNTY

**Description:** Nonprofit organization whose mission is to inspire and empower the

youth of Monterey County to realize their full potential to become

responsible, healthy, productive and successful citizens.

Website: www.bgcmc.org

Address: 1332 La Salle Avenue, Seaside

**Phone:** 831-394-5171 Seaside

# Agency: CABRILLO FAMILY RESOURCE CENTER

**Description:** Community based agency which provides support and educational tools

and resources to parents, grandparents and childcare providers of

children age birth-5 and women who are pregnant.

Address: 1450 Elm Avenue, Seaside

Website: http://www.mpusd.k12.ca.us/cms

Community Liaison: 831-899-4879

#### **Program: Play and Learn Class**

**Description:** Provides parenting classes focused on positive parent/child

interaction, child development, parenting skills, family literacy, and

having fun.

Eligibility: Children up to 5 years old; Adults may be parents, grandparents, or

childcare providers; No preregistration required.

 Fees:
 No Fee

 Community
 831-899-4879

Liaison:

#### Agency: CALIFORNIA RELAY SERVICE

**Description:** A public program mandated by the California State Legislature and

administered by the California Public Utilities Commission (CPUC), provides access to basic telephone service for Californians who have

difficulty using the telephone.

Website: http://www.ddtp.org

Address: 1333 Broadway, Suite 500, Oakland

Toll free: 800-806-1191 English Line

#### Program: California Telephone Access Program (CTAP)

**Description:** Distributes free specialized phones to make calling easier for all

eligible California residents. Provides amplified phones, big button phones, phones with lights that flash for incoming calls, portable phones, and other phones that are specially designed for individual

who has difficulty using a standard phone.

**Eligibility:** Must be a California resident with a certified disability.

Fees: No fee. All equipment is on loan until no longer needed by the client.

**Toll free:** 800-806-1191

# Agency: CALIFORNIA STATE DEPARTMENT OF REHABILITATION / MONTEREY COUNTY

**Description:** State agency which assists individuals with physical and/or mental

disabilities in returning to work.

Website: <a href="http://www.dor.ca.gov">http://www.dor.ca.gov</a>

Address: 928 East Blanco Road, Suite 280, Salinas

**Phone:** 831-769-8066

#### Agency: CASA DE LA CULTURA CENTER

**Description:** Dedicated to promoting culturally sensitive activities of health, assist in basic

needs, and economic help though collaborative activities with the residents of

the Pajaro area and other organizations of the community.

Address: 225 Salinas Road 4A, Pajaro

Administration/Main: 831-763-0702

#### Agency: CASTRO PLAZA CHILD AND FAMILY RESOURCE CENTER

**Description:** Community based agency whose mission is to improve the quality of life and

strengthen the individuals, children and families of the North Monterey

County area.

Address: 10601 McDougall Street, Castroville

**Phone:** 831-633-5975

#### Agency: CATHOLIC CHARITIES OF THE DIOCESE OF MONTEREY

**Description:** Nonprofit organization that supports individuals and families of all

cultures and faiths, with programs to help them rise out of poverty and

provides resources to ensure that they can become self-reliant,

contributing citizens.

Website: <a href="http://catholiccharitiescentralcoast.org">http://catholiccharitiescentralcoast.org</a>
Address: 922 Hilby Avenue, Suite C, Seaside

**Phone:** 831-393-3110

# **Program: Family Supportive Services**

**Description:** Offers Hope in Home (short term) and Pathways to Stability (long

term) programs for financial stability. Also provides CalFresh and MediCal application and follow up assistance, Nutrition Education and

Physical Activity program to the community.

Hope in Home short term assistance is offered only from November to February. Services include: client's needs assessment, short term goal setting and individualized support, financial education, one time direct assistance towards a portion of first month rent, past due rent, past due electricity, gas, or water, and referrals and assistance

navigating other local services.

Pathways to Stability is a long term program (6-9months) that supports participants in achieving financial stability. The program provides: individual and group support, financial education & coaching, as well as assistance navigating other local services.

Eligibility: Must be an adult, aged 18 or older.

Fees: No fee

**Phone:** 831-393-3110

#### Agency: CENTRAL CALIFORNIA ALLIANCE FOR HEALTH

**Description:** A regional nonprofit health plan that was developed to improve access to

health care for lower income residents. Using the State's County Organized Health System (COHS) model, we serve members in Santa

Cruz, Monterey and Merced counties.

Website: http://www.ccah-alliance.org

Address: 950 East Blanco Road, Suite 101, Salinas

Phone: 831-755-6000 Administration

#### Program: Medi-Cal Access Program (MCAP)

**Description:** Provides pregnant women with comprehensive coverage for a low

cost with no copayments or deductibles for its covered services, and their newborns may be covered by the Medi-Cal Access Infant Program for up to two years, unless the baby is enrolled in employer sponsored insurance or no-cost Medi-Cal or their income no longer

qualifies on the infant's first birthday.

Eligibility: Must be pregnant women who

1) do not have health insurance and whose income is too high for no-

cost Medi-Cal, or

2) have other health insurance plans that does not cover maternity services or with a maternity-only deductible or copayment greater

than \$500.

Please check program eligibility requirements on the Alliance website at www.ccah-alliance.org or contact the Monterey County Social Service's C4Yourself program at: http://mcdss.co.monterey.ca.us

Fees: Varies by program. Please check each program's information or go to

the website www.ccah-alliance.org for links to that information.

**Toll free:** 800-700-3874 ext 5500

#### Agency: CENTRAL COAST YMCA

**Description:** Nonprofit organization strengthens local communities through youth

development, healthy living and social responsibility. It serves Monterey,

San Benito, and Santa Cruz Counties.

Website:http://www.centralcoastymca.orgAddress:500 Lincoln Avenue, SalinasPhone:831-757-4633 Main Number

#### **Program: Health and Wellness**

**Description:** Offers programs and activities encouraging good health. Programs

include group exercise classes, personal training, swim lessons (Salinas and Watsonville facilities only), and nutritional counseling.

**Eligibility:** Must be a YMCA member. Membership opens to all.

Fees: Fees vary; call or walk in for more information.

Phone: 831-757-4633

**Program: Sports** 

**Description:** Offers seasonal sports activities for the whole family. Age divisions

for sports: 3-5; 6-9; 10-13; middle school; high school.

Eligibility: Must be a YMCA member. Membership opens to all.

Fees:Membership fee.Phone:831-757-3811

## Program: Summer, Spring and Holiday School Break Camps

**Description:** Offers day camps for kids to develop new skills, learn core values of

caring, honesty, respect, and responsibility and gain self-confidence

during summer, spring, and school holiday breaks.

Eligibility: Must be a YMCA member. Membership opens to all.

Fees: Fees are dependent on membership type and location. Call for more

information. Financial assistance available.

Phone: 831-757-3811

#### **Agency: CITY OF MONTEREY- RECREATION**

**Description:** City department which provides recreational programs and leisure activities

for the community. Specific programs are tailored for different age groups

such as youth, teens, adults and seniors.

Address: 546 Dutra Street, Monterey
Phone: 831-646-3866 Main Number

#### Agency: CITY OF SALINAS RECREATION AND COMMUNITY SERVICES DEPARTMENT

**Description:** City department which strives to enhance life through high quality

recreation, educational, social and cultural programs, and events and leisure activities which are responsive to Salinas' diverse population. The Department offers a wide range of programs and activities for all

ages to create wholesome experiences.

Website: https://www.cityofsalinas.org/our-city-services/recreation-community-services

Address: 320 Lincoln Avenue, Salinas Phone: 831-758-7306 Main Number

#### **Program: Recreation and Community Services**

**Description:** Offers a wide range of recreation, educational, social and cultural

programs, and events and leisure activities to the community. Activities include aquatics, parks, toddlers play school, homework center, computer lab, summer program, Karate classes, citizenship classes, after-school programs, adult/senior bus trips, and other

recreational activities and sports.

**Eligibility:** Open to all. Call or check online for eligibility of individual programs.

Fees: Varies

**Phone:** 831-758-7306

#### Agency: CITY OF SEASIDE RECREATION SERVICES DEPARTMENT

**Description:** City department which provides a variety of recreation and social

services.

Website: <a href="http://www.ci.seaside.ca.us/index.aspx?page=61">http://www.ci.seaside.ca.us/index.aspx?page=61</a>

Address: 986 Hilby Avenue, Seaside
Phone: 831-899-6800 Main Number

#### **Program: Recreational Services**

**Description:** Provides recreation and social services to children, teens, senior

citizens, handicapped, and adults.

Eligibility: Open to all.

Fees: Fixed fee for use.

Phone: 831-899-6800

#### **Program: Youth Services**

**Description:** Provides enrichment activities for youth. Programs include:

Tiny Tot University Preschool

After school programIntersession camps

- B.J. Dolan Youth and Education Center

Pattullo Swim Center

Youth sports and fitness classesSeaside Youth Resource Center

Eligibility: Must be youth, age 18 and younger.

Fees: Call for more information.

**Phone:** 831-899-6808

#### Agency: CLINICA DE SALUD DEL VALLE DE SALINAS (CSVS)

**Description:** Nonprofit healthcare organization dedicated to providing comprehensive

health care to men, women and children with an emphasis on farm

worker families and the agricultural community.

Website: <a href="http://www.csvs.org">http://www.csvs.org</a>

Address: 440 Airport Boulevard, Salinas Phone: 831-757-8689 Main Number

#### **Program: Child Healthcare**

**Description:** Provides child healthcare such as well child examination for children. **Eligibility:** Must be Medi-Cal recipient, or meet low income requirements.

**Fees:** Free or sliding scale fee.

**Phone:** 831-674-5344

# **Program: Dental Care**

**Description:** Provide comprehensive dental care to men, women and children with

an emphasis on farm worker families and the agricultural community.

Eligibility: Open to all.

Fees: Third party insurance payments including Denti-Cal (very limited) and

Healthy Families insurance. Sliding scale available, must meet

income guidelines.

**Phone:** 831-633-1514

#### **Program: Family Planning Program**

**Description:** Provides STD checkups, pap smears and information on family

planning to those who are sexually active and would eventually want

a family.

Eligibility: Open to all.

**Fees:** No fee for planning services, Blood tests fees vary.

**Phone:** 831-757-8689

#### **Program: General Medical Services**

**Description:** Provides comprehensive care to children, women, and men. Services

include: family health care, family planning, well child, adolescent and adult care, nutrition and health education, immunizations, walk-in immunizations, prenatal education, HIV counseling, mammograms, x-rays, ultrasound, EKG, CHDP-well child examination for children.

Eligibility: Open to all.

To qualify for CHDP-child health screenings services, families must

meet low-income guidelines.

Fees: Third party insurance payments. Accept Medi-Cal and most

insurances for medical and dental services. Special income based programs including: Family PACT for family planning services, BCCCP for Women's Cancer Screenings. VFC for children's immunizations. Sliding scale available upon proof of income.

**Phone:** 831-633-1514

#### **Program: Good Vision Program**

**Description:** Provides discounted eye exams and prescription glasses/contact

lenses for children and adult.

Eligibility: Must be uninsured or underinsured individuals or families in need of

vision care.

Fees: Sliding scale available. Kids under 12, \$90. (Uninsured children could

qualify for free services). Kids older than 12 years old and adults, \$110. Individuals who require bifocals, \$130. \*\*Price includes glasses

and eye exam\*\*

**Phone:** 831-757-8689

#### Agency: COMMUNITY BENEFITS OF MONTEREY COUNTY (CB)

**Description:** County agency provides temporary public assistance services and

benefits to assist eligible residents of Monterey County meet their basic

needs.

Website: http://mcdss.co.monterey.ca.us/benefits/

Address: 1000 South Main Street, Salinas

Phone: 866-323-1953 Toll Free Information Line

Program: CalFresh

**Description:** Provides assistance to eligible residents by allowing them to

purchase healthy and nutritious foods. Benefits are issued monthly on an Electronic Benefit Transfer (EBT) card that is used like a debit

card to purchase food at participating retailers.

Eligibility: Based on citizenship/immigration status, income and household size.

Call for information.

Fees: No fee

**Phone:** 866-323-1953

# Program: CalWORKS Cash Assistance Program

**Description:** Assists families towards a path of work and self-sufficiency. Provides

temporary financial assistance to economically disadvantage families with dependent children. Benefits are based on household size,

family income, and resource.

Eligibility: Families with dependent children. Based on household size, family

income, and resources or property.

Fees: No fee

**Phone:** 866-323-1953

#### Program: General Assistance (GA)

**Description:** Provides temporary cash assistance for unemployed single adults

and couples. General Assistance payment is considered a loan. Recipients who are not disabled must seek employment, and are

required to repay county funds.

**Eligibility:** Must be an unemployed single adult, or couples.

Fees: No fee

**Phone:** 866-323-1953

# Program: MC Choice

**Description:** Promotes outreach, enrollment, retention, and utilization of Healthy

Families and Medi-Cal program benefits for families through Monterey County. Outreach workers will help families to:

- Enroll children in the Medi-Cal program.

- Retain their Medi-Cal benefits.

Assist families to complete Medi-Cal renewals.
 Refer families to other local agencies for services.

Provide general information on applying for Covered California.
 Referred Families to Certified Covered California Enrollment

Agencies.

**Eligibility:** Call for eligibility of individual programs.

Fees: No fee

**Phone:** 831-796-1700

#### Program: Medicaid/Medi-Cal Program

**Description:** Provides health care coverage for families or individuals with little or

no income. Coverage of services including the standard benefits

under the Affordable Care Act.

NOTE: Effective May 16, 2016, immigrant children under 19 years old without legal documentation are now eligible for full-scope Medi-Cal

coverage.

Central California Alliance for Health is the local Managed Care Plan

provider for Medi-Cal in Monterey county.

Eligibility: Must be low income individuals reside in California and intend to stay

in California. Individuals who are undocumented and over 19 years old can only receive Medi-Cal benefits limited to emergency and

pregnancy related services.

Fees: No fee

**Phone:** 866-323-1953

#### Agency: COMMUNITY HOMELESS SOLUTIONS

**Description:** Nonprofit organization provides a continuum of care in ending the cycle

of homelessness and domestic violence.

Website: http://www.communityhomelesssolutions.org

**Phone:** 831-384-3388 Main Number

#### **Program: Intact Family Program**

Description: Offers a 6 two-bedroom unit (18 bed capacity) for homeless, dual-

parent families and homeless single fathers with children.

Eligibility: Homeless dual-parent families or homeless single fathers with

children.

Fees: No fee

**Phone:** 831-384-3388

# Agency: COMMUNITY HOSPITAL OF THE MONTEREY PENINSULA (CHOMP)

**Description:** Nonprofit healthcare provider which serves Monterey Peninsula and

surrounding communities. Dedicated to identify and meet the changing healthcare needs through locations including the main hospital, outpatient facilities, satellite laboratories, a mental health clinic, a short-term skilled nursing facility, Hospice of the Central Coast, and business offices.

Website: <a href="http://www.chomp.org">http://www.chomp.org</a>

Address: 23625 Holman Highway, Monterey Phone: 831-624-5311 General Information

## **Program: Grief Support Groups**

**Description:** Provides support groups for individuals who have suffered from the

loss of a loved one.

**Eligibility:** Open to all individuals who have suffered from the loss of a loved one

and are looking for support.

Fees: No fee

**Phone:** 831-624-5311

# Agency: COMMUNITY HOUSING IMPROVEMENT SYSTEMS AND PLANNING ASSOCIATION INC (CHISPA)

**Description:** Private nonprofit developer strives to improve people's lives and create

healthy neighborhoods by developing, selling, owning and managing

affordable homes.

Website: <a href="http://www.chispahousing.org">http://www.chispahousing.org</a>

Address: 295 South Main Street, Suite 100, Salinas

**Phone:** 831-757-6251 Main Number

#### Program: Chispa Housing Management, Inc (CHMI)

**Description:** Provides affordable rentals for individuals, families and seniors. Most

of the CHISPA's rental properties accept Section 8 vouchers.

Eligibility: Must meet income guidelines-varies per property. Senior Sites-must

meet age requirement.

**Fees:** No fee for information and referral services.

**Phone:** 831-757-6251 ext 150

#### Agency: COMMUNITY HUMAN SERVICES (CHS)

**Description:** Nonprofit organization provides substance abuse, mental health counseling,

parent education programs and homeless youth services to middle and low

income individuals and families in Monterey.

Website: <a href="http://www.chservices.org">http://www.chservices.org</a>

Address: 2560 Garden Road, Suite 201-B, Monterey

**Phone:** 831-658-3811 Main Number

#### Program: Drug and Alcohol Intervention Services for Youth (DAISY)

**Description:** Provides intervention and education services for substance abusing

youth. Services include: motivation, goal setting, drug refusal skills, social support network, planning for emergencies, coping with relapse, problem solving, anger awareness, anger management, effective communication, coping with cravings, managing depression.

**Eligibility:** Must be a youth in 6th-9th grades.

Fees: No fee

**Phone:** 831-658-3811

#### **Program: Family Service Center**

**Description:** Provides general counseling, prevention and intervention services for

individuals, groups and families, with a special emphasis on serving

at-risk youth. This can include:

Psychotherapy

- Runaway/homeless youth program

School-based counseling programs

Crisis counseling and referrals

- Substance abuse counseling

Also provides supervision for court ordered child custody visitation

meetings.

Eligibility: Open to all.

Fees: Sliding scale fee for low-income. Accepts third party payments and

Medi-Cal.

**Phone:** 831-757-7915

#### **Program: Family to Family**

**Description:** Provides interventions for families with children at risk of being placed

in foster care and offers family support recommendations. Also

recruits foster homes support for county.

**Eligibility:** Families with children at risk of being placed in foster care.

Phone: 831-757-7915
Program: Mental Health Services

**Description:** Offers affordable mental health counseling for adults, children,

couples, and families. Counseling is provided by licensed therapists

and clinically supervised interns.

**Eligibility:** Must be a Monterey County resident.

Fees: No fee

**Phone:** 831-757-7915

**Program: Parent Education Program** 

**Description:** Supports and educates parents of at-risk children and families in

crisis by providing parents with new skills and tools so they can

parent their children with love, commitment and safety.

Eligibility: Families of at-risk children.

Fees: No fee

**Phone:** 831-757-7915

Program: Safe Place

**Description:** Provides youth drop-in center for runaway, homeless and at-risk

youth. Services include:

-Hot meals
-Recreation
-Health education
-Peer counselor training
-Drug and alcohol counseling

-Family reunification -Crisis resolution -Home placement

-Food vouchers and Brown Bag meals

- Hygiene kits

Eligibility: Counseling: must be aged 18 and under.

Street Outreach: must be aged 21 and under.

Fees: No fee

**Phone:** 831-241-0914

**Program: Super Kids and Super Teens** 

**Description:** Offers a school-based counseling programs for elementary, middle

school and high school children at sites throughout Monterey County. Aims to identify and address troubling issues and teach coping skills through individual and group counseling, using traditional and

creative therapeutic techniques.

Eligibility: Must be a child, aged 5-17.

**Fees:** No fee **Phone:** 831-757-7915

Agency: COMMUNITY PARTNERSHIP FOR YOUTH (CPY)

**Description:** Nonprofit organization which offers prevention program for healthy

alternatives to drug, gangs and violence.

Website: <a href="http://www.cpy.org">http://www.cpy.org</a>

Address: 775 Kimball Avenue, Suite 101, Seaside

**Phone:** 831-394-4279 Main Number

#### Program: Afterschool Mentor/Tutor Program, Summer Youth Development

**Description:** Offers enrichment programs for a healthy alternatives to drugs, gangs

and violence while reinforcing strengths.

Programs include:

Afterschool Mentor/Tutor Program (offered in participating

schools in Seaside and Monterey) Five-week all-day Summer Program

Middle School Leadership/Life Skills Program

High School Leadership/Life Skills/Job Preparation Program Seven-week Strengthening Families Parenting Program

Visual and Performing Arts Academy

**Eligibility:** Must be a child in 1st grade or older. Age and other criteria apply, call

for details.

Fees: \$15 a month. Will accept a donation on top of fee.

Phone: 831-394-4279

#### Agency: DOOR TO HOPE

**Description:** Nonprofit organization founded in 1971, which provides comprehensive

range of behavioral health services in Monterey County to help families

restore hope and rebuild their lives-enriching communities.

Website: http://www.doortohope.org

Address: 130 West Gabilan Street, Salinas Phone: 831-758-0181 Main Number

#### Agency: EAST SALINAS FAMILY CENTER

**Description:** Strives to help children and youth succeed academically and in life through

tutoring, homework assistance, mentoring, teaching of life skills, and active

participation in sports and positive recreational activities.

Website: http://www.umc.org/find-a-church/church/77176

**Address** 995 North Madeira Avenue, Salinas

#### **Program: After School Recreation Program**

**Description:** Provides after school recreation programs in sports such as soccer,

relay races, softball, and other outdoor games. Other activities such as watching movies, playing various board and video games,

playroom, contests, and other activities are provided.

**Eligibility:** Youths (aged 7-17).

Fees: No fee

Phone: 831-757-6504 ext 3

#### Agency: FLEET AND FAMILY SUPPORT CENTER

**Description:** The military community's primary resource for information and referral of

> services on the Monterey Peninsula. Mission is to support the military's operational readiness by providing a wide range of services and assistance that responds to personal and family needs and that positively impact the

quality of life for our service members and their families.

Website: http://www.nps.edu/FFSC/ Address: 1280 Leahy Road, Monterey Phone: 831-656-3060 Main Number

## Program: Military Family Advocacy Program

**Description:** Provides families with a variety of advocacy services that provide

assistance with individual and marital issues, domestic violence, communication and stress issues, parenting issues and referral to

community services.

**Eligibility:** Active duty military personnel and their families.

**Fees:** No Fee **Phone:** 831-656-3060

#### Agency: FOOD BANK FOR MONTEREY COUNTY

**Description:** Nonprofit organization acts as a primary food resource clearinghouse for a

network of 125 active nonprofit agencies.

Website: <a href="http://www.food4hungry.org">http://www.food4hungry.org</a>
Phone: 831-758-1523 Main Number

Eligibility: Open to all. Some sites have zip code requirement if specified in the

description table.

Fees: No fee

\* Indicates USDA sites, which operate out of mobile food bank trucks at

designated locations and times.

#### **Program: Food Assistance - Carmel**

**Description:** Distributes food to people in need throughout Monterey County.

ALL SAINTS EPISCOPAL CHURCH

9th Avenue & Dolores Street, Carmel, CA 93923

831-624-3883

Monday-Thursday 9am-noon & 1pm-4pm

Friday 9am-12:30pm

CARMEL PRESBYTERIAN CHURCH

Corner of Junipero Street & Ocean Avenue, Carmel, CA 93923

831-624-3878

Monday-Friday 11am-4pm

CARMEL MISSION BASILICA 3080 Rio Road, Carmel, CA 93923

831-624-1271

Monday-Friday 2pm-4pm

ST PHILIP'S LUTHERAN CHURCH \*

8065 Carmel Valley Road, Carmel, CA 93923

1st Friday 9:30am-10:30am

OUR LADY OF MT CARMEL CHURCH 9 El Caminito Road, Carmel Valley, CA 93924

831-659-2224

Wednesday 10am-noon

RIPPLING RIVER APARTMENTS \*

53 Carmel Valley Road, Carmel, CA 93924

831-758-1523

1st Friday 10:30am-11am

# Program: Food Assistance - Castroville

**Description:** Distributes food to people in need throughout Monterey County

OUR LADY OF REFUGE CATHOLIC CHURCH 11140 Preston Street, Castroville, CA 95012

831-633-4015

3rd Tuesday 10am-11am

NORTH COUNTY CHRISTIAN CNETER 11299 Poole Street, Castroville, CA 95012

831-633-3416

Wednesday 6:30pm-8pm

NORTH COUNTY RECREATION CENTER \* 11261 Crane Street, Castroville, CA 95012

(Corner of Pomber)

1st Thursday 9:30am-10:30am

CENTRO AVIVA IGLESIA DE JESUSCRISTO 11351 Geil Street, Castroville, CA 95012

831-345-6217 Friday 7pm-8pm

#### Program: Food Assistance - Chualar

**Description:** Distributes food to people in need throughout Monterey County.

LIGHT OF THE VALLEY

25588 Jackson Street, Chualar, CA 93925

831-442-4630

3rd Wednesday 5pm-7pm

CHUALAR ELEMENTARY SCHOOL \* 24285 Lincoln Street, Chualar, CA 93925

2nd Thursday noon-1pm

#### **Program: Food Assistance - Gonzales**

**Description:** Distributes food to people in need throughout Monterey County.

ST THEODORE'S CHURCH \*

116 South Belden Street, Gonzales, CA 93926

2nd Thursday 9:30am-10:30am

GONZALES COMMUNITY CHURCH 340 Day Street, Gonzales, CA 93926

ID required

Saturday 10am-11am

#### **Program: Food Assistance - Greenfield**

**Description:** Distributes food to people in need throughout Monterey County.

GREENFIELD AMERICAN LEGION \* 615 El Camino Real, Greenfield, CA 93927

1st Tuesday 10am-noon

GREENFIELD UNITED METHODIST CHURCH 237 9th Street, Greenfield, CA 93927

831-613-3446

3rd Friday 11am-noon

HOLY TRINITY CHURCH

27 South El Camino Real, Greenfield, CA 93927

831-674-5428

Last Friday 10am-noon

#### **Program: Food Assistance - King City**

**Description:** Distributes food to people in need throughout Monterey County.

KING CITY FAIRGROUNDS \*

625 Division Street, King City, CA 93930 2nd Wednesday 10am-11:30am

LOAVES & FISHES at King City Fairgrounds 625 Division Street, King City, CA 93930 Friday (November-April) 10am-11am

KING CITY COMMUNITY FOOD PANTRY 126 Bassett Street, King City, CA 93930 Friday (April-November) 10am-11am

\* Indicates USDA sites, which operate out of mobile food bank trucks

at designated locations and times.

#### Program: Food Assistance - Marina

**Description:** Distributes food to people in need throughout Monterey County.

> MARINA COMMUNITY CENTER \* 211 Hillcrest Avenue, Marina, CA 93933

1st Monday 9:30am-10:30am

SVDP - ST JUDES CHURCH

303 Hillcrest Avenue, Marina, CA 93933

831-384-5434

Serves zip code 93933 only, ID required. 1st, 3rd, 5th Wednesday 10am-11am

THOMAS CARMAN FOOD PANTRY 425 Carmel Avenue, Marina, CA 93933

ID required

Tuesday 5pm-7pm Saturday 9am-11am

MARINA CHURCH OF GOD OF PROPHECY 226 Carmel Avenue, Marina, CA 93933

831-884-3262 / 831-884-3261

Last Friday 5pm-7pm

HOLY ASSEMBLY CHURCH 3305 Abdy Way, Marina, CA 93933

3rd Saturday 10am-noon

**Program: Food Assistance - Monterey** 

**Description:** Distributes food to people in need throughout Monterey County.

SHORELINE COMMUNITY CHURCH \* 2500 Garden Road, Monterey, CA 93940

1st Friday 10am-11am

SHORELINE COMMUNITY CHURCH 2500 Garden Road, Monterey, CA 93940

831-655-0100 ID required

Tuesday & Thursday (Available once a month) 12:30pm-2:30pm

CALVARY CHAPEL OF MONTEREY BAY

3001 Salinas Monterey Highway, Monterey, CA 93940

831-649-1158

Wednesdays & Sundays 9am-1pm

FORT ORD ENVIRONMENTAL JUSTICE NETWORK

1106 Airport Road, Monterey, CA 93940

831-277-5241

Tuesdays 2pm-5pm

#### **Program: Food Assistance - Moss Landing**

**Description:** Distributes food to people in need throughout Monterey County.

HARBOR CHAPEL

620 Dolan Road, Moss Landing, CA 95039

Monday-Friday 9am-5pm

#### **Program: Food Assistance - Pacific Grove**

**Description:** Distributes food to people in need throughout Monterey County.

ST ANGELA'S CHURCH \*

161 9th Street, Pacific Grove, CA 93950

1st Monday 9:30am-10:30am

ST MARY'S BY THE SEA CHURCH 146 12th Street, Pacific Grove, CA 93950

831-373-4441

Monday, Wednesday, Friday 1pm-2:45pm

SVDP – ST ANGELA'S CHURCH 9th street and Lighthouse Avenue,

Pacific Grove, CA 93950

831-655-4160

Serves zip code 93950 only, ID required. Tuesday, Thursday 1:30pm-2:30pm

#### Program: Food Assistance - Pajaro

**Description:** Distributes food to people in need throughout Monterey County.

PAJARO RESCUE MISSION

111 Railroad Avenue, Pajaro, CA 95076

831-722-2074

Monday-Saturday 11am-4pm

PAJARO LIBRARY \*

29 Bishop Street, Pajaro, CA 95076 1st Thursday 8:30am-9:30am

# Program: Food Assistance - Prunedale

**Description:** Distributes food to people in need throughout Monterey County.

PRUNEDALE GRANGE HALL \*

17890 Moro Road, Prunedale, CA93907

1st Wednesday 9am-10am

Eligibility: Open to all. Some sites have zip code requirement if specified in the

description table.

#### Program: Food Assistance - Salinas

**Description:** Distributes food to people in need throughout Monterey County.

VICTORY MISSION

43 Soledad Street, Salinas, CA 93901

831-424-5688

Daily 11am-1pm, 2pm-4pm

COMUNIDAD DE CRISTIANA DE CALIFORNIA

298 East Market Street, Salinas, CA 93901

831-753-1840 (Call first) Monday-Friday 11am-3pm last Saturday 10am-1pm

DOROTHY'S PLACE

30 Soledad Street, Salinas, CA 93901

831-757-3838

Monday-Thursday 11am-noon

SVDP - SACRED HEART CHURCH

26 Stone Street, Salinas, CA 93901

831-775-0545

Serves zip code 93901, 93908, 93962 only, ID required.

Monday & Friday 9am-11am

SACRED HEART CHURCH

22 Stone Street, Salinas CA 93901

831-424-1959 ID required

Tuesday-Thursday 1:15pm-2:15pm

CYPRESS COMMUNITY CHURCH

681 Monterey-Salinas Highway, Salinas, CA 93908

831-484-2141

Tuesday-Thursday 8am-5pm

ST ANSGAR'S LUTHERAN CHURCH \*

72 East San Joaquin Street, Salinas, CA 93901

3rd Wednesday 8:30am-9:30am

MOUNT NEBO, HISPANIC CHURCH 21 East Lake Street, Salinas, CA 93901

831-585-2228

Every other Thursday 8:30am-9pm

ST PAUL'S EPISCOPAL CHURCH 1071 Pajaro Street, Salinas, CA 93901 831-424-7331 Friday 8am-9am

ST JAMES CME CHURCH 285 Calle Cebu, Salinas, CA93901 831-422-3741 Friday 11am-11:30am

PRIMERA IGLESIA BAUTISTA DEL SUR \*
1212 East Alisal Street, Salinas, CA 93905
2nd Monday 4pm-6pm

VINEYARD CHRISTIAN FELLOWSHIP CHURCH \* 1122 East Alisal Street, Salinas, CA 93905 3rd Monday 8:30am-9:30am

ST CLARE'S CORNER \*
(Program of the Franciscan Workers of Junipero Serra)
715 Jefferson Street, Salinas, CA 93905
Tuesday (Nov-Apr) 9:30am-11:30am

KINGDOM BUILDERS Mobile Pantry, Salinas, CA 93905 831-229-4802 (Call for appointment) Tuesday-Thursday 10am-4pm

PRIMERA IGLESIA BAUTISTA DEL SUR 1212 East Alisal Street, Salinas, CA 93905 831-758-5656 Thursday 4pm-6pm

BREADBOX COMMUNITY CENTER \* 745 North Sanborn Rd, Salinas, CA 93905 1st & 3rd Thursday 11am-noon

HEBBRON FAMILY CENTER \* 683 Fremont Street, Salinas, CA 93905 2nd & 4th Thursday 5pm-6pm

HISPANIC SEVENTH DAY ADVENTIST CHURCH 780 Holly Street, Salinas, CA 93905 408-431-6851 Friday 3pm-5pm

CELEBRATION WORSHIP CHURCH \*
595 East Alisal Street, Salinas, CA 93905
(La Paz Park - Wood Street, near Alisal Street)
Saturday 11:30am-1pm

ROYAL FAMILY CHURCH OF GOD 671 E Market Street, Salinas, CA 93905 831-424-4506 2nd & 4th Saturday 11am-1pm

VINEYARD CHRISTIAN FELLOWSHIP CHURCH 1122 East Alisal Street, Salinas, CA 93905 831-444-9231 2nd & 4th Saturday 10am-noon SALVATION ARMY, SALINAS 2460 North Main Street, Salinas, CA 93906 831-443-9655 ID required Monday-Friday 9am-11:30am 1pm-4pm

SVDP MADONNA DEL SASSO 320 East Laurel Drive, Salinas, CA 93906 831-422-5324 Serves zip code 93906, 93907 only, ID required. Monday & Thursday 1pm-2pm

SALINAS VALLEY COMMUNITY CHURCH \* 368 San Juan Grade Road, Salinas, CA 93906 4th Tuesday 1:30pm-3:30pm

SALINAS NEW LIFE CHURCH OF THE NAZARENE 800 North Main Street, Salinas, Ca 93906 831-444-6064 Wednesday Noon-2pm

NORTHSIDE ASSEMBLY OF GOD 55 Natividad Road, Salinas, CA 93906 831-422-1677 2nd & 4th Wednesday 6pm-7pm

ST GEORGE'S EPISCOPAL CHURCH 98 Kip Street, Salinas, CA 93906 831-449-6709 Friday 10am-noon

ECHOES FROM CALVARY CHURCH 1025 Post Drive, Salinas, CA 93907 831-422-2873 ID required Wednesday 1pm-4pm

Thursday & Friday 9am-4pm

#### Program: Food Assistance - Seaside/Sand City

**Description:** Distributes food to people in need throughout Monterey County.

> ST FRANCIS XAVIER CHURCH \* 1475 La Salle Avenue, Seaside, CA 93955 1st Tuesday 9am-10am

DEL MONTE MANOR, INC \* 1466 Yosemite Street, Seaside, CA 93955 4th Tuesday 9:30am-11am

ST FRANCIS XAVIER CHURCH 1475 La Salle Avenue, Seaside, CA 93955 831-394-8546 ID required Tuesday & Thursday 1:30pm-3pm

SALVATION ARMY, SAND CITY 800 Scott Street, Sand City, CA 93955 831-899-4988 ID required

Tuesday-Thursday 2pm-4pm

Program: Food Assistance - Soledad

**Description:** Distributes food to people in need throughout Monterey County.

SVDP - OUR LADY OF SOLITUDE CHURCH

235 Main Street, Soledad, CA 93960

831-678-2731 Sunday 9am-5pm

SALVATION ARMY, SOLEDAD 179 Main Street, Soledad, CA 93960

831-678-9952

Serves zip code 93960 only Monday-Friday 11am-4pm

OUR LADY OF SOLITUDE CHURCH \* 235 Main Street, Soledad, CA 93960

2nd Tuesday 10am-noon

SOLEDAD UNITED METHODIST CHURCH

310 Main Street, Soledad, CA 93960

831-678-2716

Serves zip code 93960 only 4th Thursday 5pm-6pm

**Program: The Family Market** 

**Description:** Provides fresh fruits and vegetables to people in need. It operates

like a farmer's market without charge. Families self-select food they like and each household receives approximately 50-100 pounds of food. There is no pre-packed bag, and clients are advised to bring a

wagon to pick up the food.

Please call 831-758-1523 for the distribution locations and schedules.

Program runs between April to October only.

#### Agency: GATEWAY CENTER OF MONTEREY COUNTY, INCORPORATED

**Description:** Nonprofit organization provides respite care, residential living, and day

activity programs to developmentally disabled adults.

Website: <a href="http://www.gatewaycenter.org">http://www.gatewaycenter.org</a>

Address: 850 Congress Avenue, Pacific Grove

**Phone:** 831-372-8002 Main Number

#### Agency: GO KIDS, INC ADMINISTRATIVE OFFICE

**Description:** A nonprofit agency that envisions communities where every child has the

support they need to reach their greatest potential. Works to enhance the lives of children and families through the delivery of comprehensive child

development services and community involvement.

Address: 8120 Arroyo Circle, Gilroy

Phone: 408-840-2928 Main Number

**Program: Resource Room** 

**Description:** Provides materials for parents and providers to create interactive

learning games and activities to support their child's learning at home. Special materials include die cuts, laminating services, and

parent instructional videos and books.

**Eligibility:** Must be a partner provider or complete membership process.

**Fees:** Fixed fee for membership, \$50.

Phone: 831-757-5437

## Agency: GONZALES UNIFIED SCHOOL DISTRICT

**Description:** Local school district which serves the educational needs in City of Gonzales

and surrounding areas.

Website:<a href="http://www.gonzalesusd.net">http://www.gonzalesusd.net</a>Address:600 Elko Street, GonzalesPhone:831-675-0100 Main Number

#### **Agency: HARMONY AT HOME**

**Description:** Nonprofit organization which conducts programs that teach healthy

communication within families and helps break the cycle of violence and

abuse.

Website: http://www.harmony-at-home.org

Address: 3785 Via Nona Marie, Suite 300, Carmel

Phone: 831-625-5160 Carmel Office

#### **Program: Community Counseling**

**Description:** Offers counseling to individuals, families, couples and children in

Carmel and Salinas. Also partners with Boys & Girls Club of Monterey County in Seaside and Salinas to support children and

families in the community,

Eligibility: Open to all.

Fees: Sliding fee \$60-\$95/hr depending on individual's ability to pay.

**Phone:** 831-625-5160

#### Program: Sticks & Stones Program

**Description:** Offers school-based counseling to provide children with the tools that

are necessary to cope with trauma. Program consists of 10 weekly meetings, with groups of 3-5 children, where they learn healthy ways

to express their feelings.

Program is currently offered at the following school districts: SCESD, AUSD, Spreckels, KCUSD, Sacred Heart, MCHCS and SUHSD. Please call the Carmel or Salinas Office for more information.

**Eligibility:** Children attending public schools that provide this program.

Fees: No fee to students. Phone: 831-625-5160

# Program: Teen Enrichment Summer Camp

**Description:** Provides a one-week summer camp for underprivileged teenage girls.

Services include counseling, education on healthy lifestyles, and

various therapies to meet individual needs.

Eligibility: Girls 14-17 years old which are selected upon a referral.

**Fees:** No fee, donations requested.

**Phone:** 831-625-5160

#### Agency: HARRISON MEMORIAL LIBRARY

**Description:** Public library for the residents of Carmel.

Website: <a href="http://www.hm-lib.org">http://www.hm-lib.org</a>

Address: Ocean Avenue and Lincoln Street, Carmel

Phone: 831-624-1366 Administration

#### **Program: Library Services**

**Description:** Provides full library services, book loan services, reference material,

and computer access to the residents of Carmel.

Eligibility: Must be a California resident to apply for a library card.

Fees: No fee

Phone: 831-624-7323

#### Agency: HARTNELL COLLEGE

**Description:** Educational institute provides services to meet educational needs of the

community.

Website: <a href="http://www.hartnell.edu/">http://www.hartnell.edu/</a>
Address: 411 Central Avenue, Salinas
Phone: 831-755-6700 Main Number

#### Program: Successfully Parenting At-Risk Kids (SPARK)

**Description:** Offers instruction regarding specialized needs of caring for children

born drug-exposed or with drug/alcohol issues in their family of origin.

**Eligibility:** Must have a child in care with drug-exposure.

Fees: Call for fee information.

**Phone:** 831-755-6807

#### Agency: HOUSING AUTHORITY OF THE COUNTY OF MONTEREY (HACM)

**Description:** Independent agency in Monterey County that provides a variety of affordable

housing programs and services to eligible families and individuals.

Website:http://www.hamonterey.orgAddress:123 Rico Street, SalinasPhone:831-775-5000 Main Number

## Agency: KINSHIP CENTER

**Description:** Nonprofit organization which provides licensed child placement and

children's mental health services.

Website: <a href="http://www.kinshipcenter.org">http://www.kinshipcenter.org</a>
Address: 124 River Road, Salinas

**Phone:** 831-455-9965 Main Number

**Program: Adoption** 

**Description:** Provides informational meetings, preparation for adoption,

assessment of readiness, home study, education, placement, ongoing post placement support for adopting children up to 17 years old which includes children from the foster care system, special needs, infant adoptions. Post legal adoption support including support

groups and parent education.

Eligibility: Adoptive applicants must be over 18 years old and at least 10 years

older than the child who is being adopted.

Fees: Some services are free and others are fee based, call for details.

**Phone:** 831-455-4705

#### **Program: Adoption Preservation Project**

**Description:** Provides family therapy, case management, group therapy, individual

rehabilitation, psychological testing, psychiatric evaluation, community or office-based services, 24/7 crisis response for full-

service partners.

Eligibility: Must be family with adopted child, who has Medi-Cal and is part of

the Adoption Assistance Program (AAP).

**Fees:** Third party payments.

**Phone:** 831-455-9965

**Program: Family Ties** 

**Description:** Provides services to relative caregivers including case management,

support groups for caregivers and children, counseling, recreational events, in-home assessments, legal guardianship assistance, and

parent education.

**Eligibility:** Must be a relative caring for a relative's child.

Fees: No fee

**Phone:** 831-455-9965

**Program: Foster Care** 

**Description:** Provides foster care for infants and other children for whom adoption

or other permanency option is the plan. Also provides specialized foster care for children with medically fragile conditions and

development challenges.

Eligibility: Adults must be 18 years of age and at least 10 years older than the

foster child being placed. Referrals of children from foster care may

come from any county agency.

Fees: Fees associated with the state required with documentation to

become certified as a foster family.

**Phone:** 831-455-4705

#### **Program: Kinship Center Education Institute**

**Description:** Provides training, education, on-line courses and other instruction

materials (DVD, articles, books) for child welfare professionals and all adoption, foster care, and relative care family members. Also offers customized training, workshops, and conferences for varied topics. Consultation and one-on-one counseling are available for parents

and caregivers needing additional support.

**Eligibility:** Varies on course topic, call for information.

Fees: For services that are free, donations are requested. Sliding fee

available for fee based services according to participant's income.

Where applicable, third party payments are accepted.

**Phone:** 831-455-4729

#### Agency: LA LECHE LEAGUE OF THE MONTEREY PENINSULA

**Description:** International, nonprofit, nonsectarian organization dedicated to providing

education, information, support, and encouragement to women who want to

breastfeed.

Website: http://lllnorcal.org/groups/montereypeninsulaca.html

Address: 3066 Lake Drive, Marina

Phone: 831-373-0555 Main Number

#### **Program: Breastfeeding Support Services**

**Description:** Provides information, support, encouragement, and education to

women who want to breastfeed or are currently breastfeeding through

24/7 telephone counseling and once a month group meetings.

**Eligibility:** Open to all mothers, and mothers-to-be.

Fees: No fee

**Phone:** 831-373-0555

#### **Agency: LADIES FIRST**

**Description:** Nonprofit organization which provides assistance to at-risk, low income

adolescent females as they strive towards excellence by sharing disciplines

of pride, self-esteem, empowerment, educational goals, and life skills.

Address: No physical address, Seaside Phone: 831-869-8053 Main Number

#### **Agency: MARINA COMMUNITY CENTER**

**Description:** Neighborhood recreation center providing many senior and youth events.

Also provides a playground and sports court area outside.

Website: <a href="http://www.ci.marina.ca.us">http://www.ci.marina.ca.us</a>
Address: 213 Hillcrest Avenue, Marina
Phone: 831-384-6009 Main Number

#### **Program: Community Services**

**Description:** Provides recreational activities for community.

Eligibility: Open to all. Phone: 831-384-6009

#### Agency: MEE MEMORIAL HOSPITAL

**Description:** Community based hospital which provides primary health care and access to

comprehensive health service to the Southern Monterey County.

Address: 300 Canal Street, King City

Phone: 831-385-6000 Hospital Main Number

**Program: Clinics** 

**Description:** Provides comprehensive, non-emergency, primary care services and

specialty clinics for all ages.

Eligibility:Open to all.Fees:Fees varyPhone:831-674-0112

## Agency: MEXICAN-AMERICAN OPPORTUNITY FOUNDATION SALINAS CHILD DEVELOPMENT CENTER (MAOF)

**Description:** Nonprofit community based organization which provides child care referral

services for all Monterey County residents.

Website: <a href="http://www.maof.org">http://www.maof.org</a>
Address: 1210 John Street, Salinas
Phone: 831-424-6939 Administration

#### Agency: MONTEREY COUNTY BEHAVIORAL HEALTH

**Description:** Assists Monterey County citizens with mental health and addictive disorders

to live successfully in the community. Strives to reduce the social, legal, health, and economic consequences of mental health and addictive

disorders.

Website: http://www.mtyhd.org

Address: 1270 Natividad Road, Salinas Phone: 888-258-6029 Main Number

# Agency: MONTEREY COUNTY BEHAVIORAL HEALTH BUREAU, CHILDREN'S DIVISION

**Description:** County agency which offers a variety of behavioral health services for

children, youth, and their families focused on addressing moderate to severe

mental health needs.

Website: <a href="http://www.mtyhd.org">http://www.mtyhd.org</a>

Address: 951-B Blanco Circle, Salinas
Toll free: 888-258-6029 Main Number

#### Agency: MONTEREY COUNTY CHILD CARE PLANNING COUNCIL

**Description:** County agency which promotes safe and affordable child care supported by

a partnership of public and private resources.

Website: <a href="http://www.mcccpc.com">http://www.mcccpc.com</a>
Address: 901 Blanco Circle, Salinas
Phone: 831-784-4141 Main Number

### **Program: Childcare Advocacy**

**Description:** Promotes and advocates for quality care and early education

throughout all areas of Monterey County. Provides coordinated meetings on a regular basis to improve communication between all

types of child care providers, public agencies, community representatives, parents and all those interested in supporting

children in child care.

Eligibility: Open to all Fees: No fee

**Phone:** 831-784-4141

#### Agency: MONTEREY COUNTY DEPARTMENT OF CHILD SUPPORT SERVICES

**Description:** County agency promotes the best interests and well-being of children and

families by working to ensure that children receive adequate and appropriate

support from both custodial and non-custodial parents.

Website: http://www.co.monterey.ca.us/mcdcss

Address: 752 La Guardia Street, Salinas Phone: 831-755-3200 Administration

#### **Program: Child Support Services**

**Description:** Provides support services to ensure parents who no longer live with

their children continue to provide financial support. Services include: locating absent parents, establishing paternity, obtaining and modification of court-ordered child support and medical insurance, and collecting payments pursuant to the awards. Services are available to both welfare and non-welfare families. Enforcement

activities involve civil and administrative remedies.

Eligibility: Must be either parent or the caretaker/guardian of a child, or referred

by the Welfare Department.

**Fees:** \$25 annual fee may apply

**Toll free:** 866-901-3212

#### Agency: MONTEREY COUNTY DEPARTMENT OF SOCIAL SERVICES (DSS)

**Description:** County agency promotes the social and economic self-reliance of individuals

and families through employment services; temporary financial assistance (TANF); social support services; and protective services for children,

dependent adults and seniors.

Website: <a href="http://mcdss.co.monterey.ca.us">http://mcdss.co.monterey.ca.us</a>

Address: 1000 South Main Street, Suite 208, Salinas

**Phone:** 831-755-4400 Main Number

## **Program: Covered California Program**

**Description:** Facilitates a marketplace where legal residents of California can

review options for and enroll in health insurance coverage. Also provides options for small business owners to provide health insurance coverage to their employees. This program provides a marketplace where potential clients and their family members may get financial assistance to make coverage more affordable and where

they can compare and choose health coverage that best fits their

needs and budget.

Under the Affordable Healthcare Act, health insurance coverage cannot be denied or canceled if resident is sick or has pre-existing

health conditions.

Eligibility: Please check online at www.coveredca.com or call for eligibility

requirement.

**Fees:** Varies on a case by case basis.

**Toll free:** 800-300-1506

Program: Denti-Cal

**Description:** Provides dental care services to Medi-Cal beneficiaries. This

includes: Exams, x-rays, root canals (front teeth), full dentures,

cleanings, fillings, and other.

**Eligibility:** Must be Medi-Cal beneficiaries.

Fees: No fee

**Toll free:** 800-322-6384

#### Agency: MONTEREY COUNTY FREE LIBRARIES (MCFL)

**Description:** Public Library serving all of the unincorporated areas of Monterey County as

well as the incorporated cities of Del Rey Oaks, Gonzales, Greenfield, King

City, Marina, Sand City, Seaside and Soledad.

Website: <a href="http://www.montereycountyfreelibraries.org">http://www.montereycountyfreelibraries.org</a>

Address: 188 Seaside Circle, Marina
Phone: 831-883-7573 Main Number

**Program: Library Services** 

**Description:** Provides free access to information, educational and recreational

materials and lifelong learning opportunities.

Eligibility: Open to all.

**Fees:** No fee. Fines for overdue books.

**Phone:** 831-883-7573

## Agency: MONTEREY COUNTY HEALTH DEPARTMENT CLINIC SERVICES DIVISION

**Description:** County department ensuring all residents of Monterey County have access to

quality healthcare services regardless of ability to pay.

Website: http://www.mtyhd.org/index.php/clinical-services/administration/

Address: 1615 Bunker Hill Way, Suite 140, Salinas

Phone: 831-796-1386 Administration

**Program: Pediatrics** 

**Description:** Provides comprehensive health care to children ages birth to 18

years of age.

Eligibility: Must be children under 18 years old.

Fees: Third party payments. Sliding fee for the uninsured and those who

meet income requirements.

Phone: 831-769-8800

**Program: Primary Care** 

**Description:** Provides comprehensive primary care medical service to residents of

Monterey County regardless of ability to pay.

**Eligibility:** Must be a Monterey County resident.

**Fees:** Third party payments. Sliding fee available to the uninsured who

meet income requirements.

**Phone:** 831-769-8800

Agency: MONTEREY COUNTY HEALTH DEPARTMENT WOMEN, INFANTS AND CHILDREN (WIC)

**Description:** Nutritional support program for low-income pregnant women, infants and

children up to age 5, who are at risk of malnutrition by providing food

vouchers and information on better eating and health practices.

Address: 632 East Alisal Street, Salinas

Phone: 831-796-2888 Main Number

Program: Breastfeeding Education and Breast Pump Equipment Loan Program

**Description:** Provides individual breastfeeding counseling and breast pump loan

for breastfeeding mothers returning to work or school full time.

**Eligibility:** Must be currently enrolled in WIC Program.

Fees: No fee

Phone: 831-796-2888

Program: Supplemental Food Vouchers and Nutrition Education

**Description:** Provides food vouchers, one on one nutrition education and classes,

health and nutrition related referrals.

Eligibility: Must be Monterey County Resident, pregnant, breastfeeding or

postpartum, with an infant or child age 5 or younger. Income must be

within the WIC guidelines.

Fees: No fee

Phone: 831-796-2888

Agency: MONTEREY COUNTY OFFICE OF EDUCATION (MCOE)

**Description:** County agency which functions as an intermediate service agency between

the State Department of Education and local districts.

Website: <a href="http://www.monterey.k12.ca.us">http://www.monterey.k12.ca.us</a>
Address: 901 Blanco Circle, Salinas
Phone: 831-755-0300 Main Number

**Program: Dads In Action** 

**Description:** Provides parenting class for all fathers. Helps participants explore

their roles within their family and community as men of honor, respect

and love.

Program is available in multiple locations throughout Monterey

County. Call for more information.

**Eligibility:** Must be a father taking care of a child.

Fees: No fee

**Phone:** 831-755-0846

#### Program: Head Start & Early Head Start Program

**Description:** Offers Head Start and Early Head Start program in partnership with

Greenfield Unified School District and the Monterey Peninsula Unified

School District. Provides early childhood education and

comprehensive child and family services to the community. Enrolled children and their families benefit from information and referral services in nutrition, medical, dental, mental health, social services and parent involvement activities. Each child receives a hearing and vision screening and developmental screening during the year.

Eligibility: Must be children (aged birth to 5 years old), pregnant women or

children with disabilities.

Must meet income guidelines. Revised guidelines for foster children,

military families, and children with disabilities, call for more

information.

Fees: No fee

**Phone:** 831-784-4139

#### Program: Homeless Student Liaison

**Description:** Facilitates a network of district Homeless Student Liaisons that works

together to develop common forms and compatible protocols for identifying and serving students in transitional living situations, as well as training modules for delivery in districts. Individual school districts have student homeless liaisons that identify and serve homeless

students.

**Eligibility:** Homeless students residing in Monterey County.

Fees: No fee

**Phone:** 831-784-4155

#### **Program: Migrant Education Program**

**Description:** Ensures the children of migrant workers have access to the same

free, public education provided to other children. Provides funds to supplement educational and health services to help migrant children and youth succeed in school. Also works with state/local agencies to remove barriers that can discourage migrant children from enrolling in school, from attending school regularly or from achieving the same statewide performance standards that all children are expected to

meet.

**Eligibility:** Children under 22 years of age, of migrant workers. A migrant worker

is someone who, in the prior three years, has moved across school district boundaries seeking temporary or seasonal employment in the

agriculture, dairy, or fishing industries.

Fees: No fee

**Phone:** 831-755-6403

#### **Program: Raising a Reader Monterey County (RAR)**

**Description:** Trains educators in Monterey County who then train parents on how

to read and the benefits to reading with their children. Programs then send home book bags weekly with 3-4 high quality children's books in English and Spanish. Also connects the children and families to the

local library to continue borrowing books.

**Eligibility:** Must be children aged birth to 8.

Fees: \$110 per child, each year after \$35 per child. Grant funding may be

available.

**Phone:** 650-489-0550

#### **Program: Special Education Program**

**Description:** Provides comprehensive expertise, education, support, and tools for

students with complex and intensive needs. Also prepares all students to achieve their unique potential as valued and contributing

members of their families and society.

Eligibility: Students with special education needs (severely disabled,

communicative impaired children with serious emotional disturbances, severe disorders of language, hearing impaired, physically and developmentally delayed, infant program, etc).

**Phone:** 831-755-0345

#### **Program: Summer Meal Program**

**Description:** Provides breakfast, lunch or snack for children during summer when they are out of

school. Please check the location for Monterey County through the link below and you may use the filter above the top right corner of the table to filter location in specific zip

code.

 $\underline{\text{http://www.cde.ca.gov/ds/sh/sn/ap/summersites.asp?year=2017\&countyname=Monterey}}$ 

Eligibility: Must be children aged 18 or younger. Special eligibility requirement might apply for

some locations. Call individual sites for details.

Fees: No fee

#### Agency: MONTEREY COUNTY PARKS DEPARTMENT

**Description:** County department dedicated to providing quality recreational facilities for

residents and visitors.

Website: <a href="http://www.co.monterey.ca.us/government/departments-i-z/resource-">http://www.co.monterey.ca.us/government/departments-i-z/resource-</a>

management-agency-rma/parks

Address: 1441 Schilling Place, Salinas Phone: 831-755-4895 Main Number

#### **Program: Recreation**

**Description:** Provides day use and picnicking for individuals and groups at a

variety of park locations. Camping facilities available at Laguna Seca recreation area, San Lorenzo Park and Lake Nacimiento. Also provides hiking, rifle and pistol ranges, and rented space for major

special events.

Fees: A reservation and use fee may apply to reservations, call for more

information.

Toll free: 888-588-2267

#### **Agency: MONTEREY COUNTY YOUTH MUSEUM**

**Description:** Community based facility which provides an environment where curiosity and

creativity flourish, while both children and adults learn together through

experience.

Website: <a href="http://www.mymuseum.org">http://www.mymuseum.org</a>

Address: 425 Washington Street, Monterey Phone: 831-649-6444 Main Number

**Program: Youth Services** 

**Description:** Offers hands-on interactive exhibits and programs for people of all

ages explore and discover.

Eligibility: Open to all. Children must be supervised by an adult (aged 18 or

older).

Fees: Fixed admission fee: \$8 for adults and children over age 2; free for

children under age 2.

**Phone:** 831-649-6444

Agency: MONTEREY PUBLIC LIBRARY

**Description:** City agency that offers a range of activities and services which are designed

to meet the information and learning needs of patrons and to facilitate their

enjoyment of library resources.

Website:<a href="http://www.monterey.org/library">http://www.monterey.org/library</a>Address:625 Pacific Street, MontereyPhone:831-646-3933 Main Number

**Program: Library Services** 

**Description:** Offers collection of books, newspapers, magazines, CDs, DVDs,

online resources, information services, and educational and cultural

programs for all ages.

Eligibility: Open to all.

**Fees:** Free for Monterey residents.

**Phone:** 831-646-3932

Agency: NATIVIDAD MEDICAL CENTER

**Description:** An acute care hospital owned and operated by Monterey County, offering

comprehensive inpatient, outpatient, diagnostic, and specialty care with an emphasis on the care of women, children, and families. NMC is the only

Level II Trauma Center in Monterey County.

Website: http://www.natividad.com

Address: 1441 Constitution Boulevard, Salinas

**Phone:** 831-755-4111 Main Number

**Program: Certified Enrollment Entities** 

**Description:** Provides assistance to individuals making application to Covered

California.

Eligibility: Open to all.

Fees: No fee

**Phone:** 831-755-4165

**Program: Crisis Intervention** 

**Description:** Provides free and confidential crisis intervention for individuals

experiencing a mental health crisis.

**Eligibility:** Open to individuals in a mental health crisis.

Fees: No fee

**Phone:** 831-755-4111

**Program: Medical Health Care** 

Description: Provides full-service, acute care services, rehabilitation services, and

medical and surgical specialty care. Full service and acute care services include general and specialty pediatrics, child sexual abuse screening, child health screening, Level II nursery, genetic testing and counseling, high risk obstetrics, diabetic education, CPSP and WIC programs and newborn hearing tests. Rehabilitation services include physical and occupational therapy, speech therapy, audiology, orthopedics, sports medicine and pain management. Medical and surgical specialty care includes cardiopulmonary diagnostics, infectious diseases, AIDS/HIV, ophthalmology, neurology, pulmonary and urology clinics. Hospital based long-term care and mental health units. On-site financial counseling. Family and day care center.

Eligibility: Open to all.

**Fees:** Third party payments.

**Phone:** 831-755-4111

Agency: NORTH COUNTY RECREATION AND PARK DISTRICT

**Description:** Community recreation center offering a variety of services and programs for

community members of all ages.

Website: <a href="http://www.ncrpd.org">http://www.ncrpd.org</a>

Address: 11261 Crane Street, Castroville
Phone: 831-633-3084 Main Number

**Program: Recreational Services** 

**Description:** Provides a variety of sports/recreation and leisure activities to the

community of Castroville.

**Eligibility:** Must be residents of Castroville.

Fees: Fixed membership fee. Some classes and activities available for a

day use fee.

Phone: 831-633-3084

**Program: Youth Services** 

**Description:** Provides a variety of youth sport and leisure activities as well as an

afterschool program.

Eligibility: Varies by program, call for information.

Fees: Varies by program, call for more information.

**Phone:** 831-633-3084

## Agency: PACIFIC GROVE POLICE DEPARTMENT

**Description:** Law enforcement agency.

Website: <a href="http://www.cityofpacificgrove.org/public-safety/police">http://www.cityofpacificgrove.org/public-safety/police</a>

Address: 580 Pine Avenue, Pacific Grove Phone: 831-648-3143 Main Number

#### Program: Drug Abuse Resistance Education Program (DARE)

**Description:** Offers a prevention program focusing on skills to help students resist

drugs, gangs, and violence.

**Eligibility:** Elementary and middle schools interested in the program.

Fees: No fee

**Phone:** 831-648-3143

## **Agency: PACIFIC GROVE PUBLIC LIBRARY**

**Description:** Public library providing the general reading, life-long learning and

informational needs of the people in Pacific Grove.

Website: <a href="http://www.pacificgrovelibrary.org/">http://www.pacificgrovelibrary.org/</a>
Address: 550 Central Avenue, Pacific Grove
Phone: 831-648-5760 Main Number

#### **Program: Library Services**

**Description:** Offers books, magazines, audio-visual materials and programs for

children. Also answers reference questions, and provides reading

aids to people in need.

Eligibility: Open to Pacific Grove residents. Children in 9th grade or lower

require parent's signature to obtain a library card.

**Fees:** Fee for overdue. **Phone:** 831-648-5762

#### Agency: PARTNERS FOR PEACE

**Description:** Nonprofit organization whose mission building strong families for a peaceful

community.

Website: <a href="http://www.Partners4Peace.org">http://www.Partners4Peace.org</a>

Address: 855 East Laurel Drive, Building H, Salinas

**Phone:** 831-754-3888 Main Number

#### Program: Strengthening Families Program (SFP)

**Description:** Offers family education classes that strengthens the family unit, improves

communications and promotes healthy development of children. Parents learn tools to effectively parent teens, learn how to set limits and show love.

Children learn to resist peer pressure and to set goals.

Eligibility: Must be families with children aged 5-16. Families can self-refer or be

referred by courts, probation or school districts.

**Fees:** \$20 material fee, financial assistance available.

Phone: 831-754-3888

#### **Agency: PEACOCK ACRES, INC**

**Description:** Nonprofit organization dedicated to serving the needs of Monterey County

foster youth through group homes and transitional housing.

Website: <a href="http://www.peacockacres.org">http://www.peacockacres.org</a>

Address: 838 South Main Street, Suite A, Salinas

**Phone:** 831-754-3635 Main Number

#### **Agency: RANCHO CIELO**

**Description:** To motivate and support youth who face multiple risks to gain the skills, self-

esteem and confidence they need to be accountable, competent, and responsible citizens of their community. Youth campus is a center for alternative education programming, enhanced education with rich extracurricular experiences to motivate and support youth in juvenile justice

system.

Website: <a href="http://www.ranchocieloyc.org/">http://www.ranchocieloyc.org/</a>
Address: 710 Old Stage Road, Salinas

Administration/Main: 831-444-3533

#### **Program: Youth Services**

**Description:** Offers a variety of activities and services for youth with the

emphasis on health, wellness, and positive lifestyle changes through the experience of teamwork, self-discipline, and self-

expression.

Eligibility: Must be referred by Monterey County Probation, courts,

schools and parents.

Administration/Main: 831-444-3533

#### Agency: SALINAS ADULT SCHOOL EDUCATION CENTER

Description: Local school which serves the education needs of adults in City of Salinas

and surrounding areas.

Website:https://www.salinasuhsd.org/sasAddress:20 Sherwood Place, SalinasPhone:831-796-6900 Main Number

#### **Program: Childbirth Education**

**Description:** Offers childbirth preparedness classes for expecting parents and

siblings. Classes include Childbirth in Spanish, Teen Childbirth, Breastfeeding Made Easy, Sibling class, and "My mom is having a

baby".

Eligibility: Expectant parents.

Fees: Fixed course fee of \$40. Reduced fee of \$15 for participants of WIC

or Comprehensive Perinatal Services Program (CPSP).

**Phone:** 831-796-6970

## **Program: Parent and Child Activity Classes**

**Description:** Offers a creative activity and learning setting where parent and child

can participate in interactive play together. Services include: Sharing

Times I & II, Baby Gym, Movers and Shakers, Exploring Times, Drop

In & Play, Partners In Play, and Grow With Us In The Garden.

**Eligibility:** Parent/guardian and their young child/children. **Fees:** Varies according to the length of sessions.

**Phone:** 831-796-6970

**Program: Parent Education** 

**Description:** Supports families as their children grow and develop in language,

cognitive, motor, and social/emotional skills. Classes include Sharing Times, Partners in Play, and the Cooperative Preschool. The preschool programs are accredited by the National Association for

the Education of Young Children.

**Eligibility:** Parents/guardians and their young children.

Fees: Varies

**Phone:** 831-796-6900

Agency: SALINAS PUBLIC LIBRARY

**Description:** Public library with a collection of more than 300,000 volumes serving the City

of Salinas.

Website: <a href="http://salinaspubliclibrary.org">http://salinaspubliclibrary.org</a>
Address: 350 Lincoln Avenue, Salinas

Phone: 831-758-7311 John Steinbeck Library

Program: Library Services

**Description:** Provides a collection of more than 300,000 volumes, which includes

books, videocassettes, books on tape, magazines, telephone directories, college catalogs, large print books, Spanish language material, exam study guides, newspapers and a Chicano culture collection. Provides a variety of community services to include tutoring, home library services and reference services, and volunteer

opportunities.

Eligibility: Residents of Salinas.

Fees: Book loan and reference services are free. Small fixed fee for copy

machine and typewriter use. Fixed fees apply to lost library materials.

**Phone:** 831-758-7311

Agency: SALINAS VALLEY MEMORIAL HEALTHCARE SYSTEM (SVMHS)

**Description:** A full service hospital including (but not limited to) an emergency room,

outpatient surgery center, respiratory therapy, pediatrics, intensive care, occupational therapy, physical therapy (including back school), heart center, single room maternity center, eye clinic, health promotion (programs on nutrition, cholesterol, weight control, smoking cessation, stress management

and exercise) in addition to normal inpatient and diagnostic services, oncology center, children and young adults transitional care unit.

Website: http://www.svmh.com

Address: 450 East Romie Lane, Salinas Phone: 831-757-4333 Main Number

#### **Program: Breastfeeding Support Group**

**Description:** Breastfeeding support group for parents who are or hope to

breastfeed.

**Eligibility:** No information has been provided by Agency.

Fees: No Fee

Main: 831-757-4333 ext 2852

#### **Program: Health Education**

**Description:** Provides general health education classes for expecting/new

mothers, individuals with cardiac/regional heart/pacemakers, menopause, smoking issues programs, healthier lifestyles, and maternity tour. An informative camp is also provided for asthma-

diagnosed children.

Eligibility: Breastfeeding, Childbirth Classes and maternity tours-available to

new expectant parents; other classes open to all.

Fees: Fixed fee for breastfeeding Made Easy class and Childbirth Classes.

**Phone:** 831-757-4333

#### **Program: Lactation Clinic**

**Description:** Provides outpatient help and information on breastfeeding,

lactating newborn. Introduces principles to successful breastfeeding techniques. Addresses breastfeeding concerns, issues and essentials

including:
-Sore nipples
-Engorgement
-Plugged ducts
-Preventing Mastitis
-Latch difficulties

-Breast pumps and milk storage

-Nursing bras -Nursing pillows

Eligibility: Mothers of newborns

**Phone:** 831-759-3060

#### Agency: SALUD PARA LA GENTE

Description: Healthcare agency which provides low cost healthcare in Santa Cruz and

Monterey Counties.

Website: <a href="http://www.splg.org/">http://www.splg.org/</a>

Address 195 Aviation Way, Suite 200, Watsonville

#### **Program: Clinics**

**Description:** Provide quality care, continuity of care through agreements,

affiliations and referrals to other providers when a particular service is

not provided.

Eligibility: Call for details.

Fees: Fees vary

Phone: 831-728-0222

#### Agency: SALVATION ARMY WATSONVILLE

**Description:** Nonprofit organization provides support services for the homeless.

Website: <a href="http://watsonville.salvationarmy.org/">http://watsonville.salvationarmy.org/</a>
Address: 214 Union Street, Watsonville, Santa Cruz

Phone: 831-724-3922 Main Office

#### Agency: SECOND CHANCE YOUTH PROGRAM

**Description:** Community based counseling agency that works with youth and families at

risk for gang and youth violence. Accomplished by incorporating community involvement and awareness through distinct programs in order to direct atrisk youth towards pro-social behaviors and healthy activities. We provide

tattoo removal, outreach and specialized curriculums.

Website: <a href="http://www.scyp.org">http://www.scyp.org</a>

Address: 745 North Sanborn Road, Salinas

Phone: 831-758-2501 Main Number

#### **Program: Cara Y Corazon**

**Description:** Program addresses a wide variety of "cargas" baggage issues that

families face to include, teen pregnancy, domestic violence, child abuse, substance abuse, mental health issues, gang violence and

other challenges.

Eligibility: No information provided by agency

**Phone:** 831-758-2501

#### **Program: Fuerzas Project Teen Parent Circle**

**Description:** Is a life skills development program with an emphasis on family

strengthening skills for adolescent youth who have recently become

parents or have responsibility as a caretaker for their siblings.

Eligibility: No information provided by agency

**Phone:** 831-758-2501

#### Agency: SHINE A LIGHT COUNSELING CENTER

**Description:**Nonprofit organization provides affordable psychotherapy and counseling

services in Santa Cruz, Watsonville, Monterey and Saratoga in California.

Website: <a href="http://www.shinealightcounseling.com">http://www.shinealightcounseling.com</a>
Address: 1010 Cass Street, Suite C-3, Monterey

**Phone:** 831-246-0069 Main Number

## **Program: Counseling Services**

**Description:** Offers affordable counseling and psychotherapy services to

individuals, couples, families, and groups.

Eligibility: Open to all. In certain cases, we require collaboration with other

health care providers in order to support the client.

Fees: Sliding scale, Beacon Health Strategies, Victims of Crime

Phone: 831-246-0069

## **Agency: SHORELINE COMMUNITY CHURCH**

**Description:** A place of worship as well as various religious and community outreach

activities for the community.

Website:http://www.shorelinechurch.orgAddress:2500 Garden Road, MontereyPhone:831-655-0100 Main Number

**Program: Faith-based Counseling** 

**Description:** Provides a variety of faith-based counseling services.

Eligibility: Open to all. Fees: No fee

**Phone:** 831-655-0100

## **Agency: SPECIAL KIDS CRUSADE**

**Description:** Nonprofit organization which develops resources, raises awareness and

provides support to children with disabilities and their families in Monterey County. Its programs include: Early Start (0- 36 months) Family Resource Center, STAR Adaptive Toy Lending Library, REACH community recreational programs for children with disabilities, Including Special Kids social skills development program, Parent Education through workshops, website and enews, Ability Awareness Trainings, Parent Support Groups and more!

Website: <a href="http://www.specialkidscrusade.org">http://www.specialkidscrusade.org</a>
Address: 1900 Garden Road, Suite 230, Monterey

**Phone:** 831-372-2730 Main Number

#### **Program: Early Start Family Resource Center**

**Description:** Offers family education, empowerment, and parent professional

collaborative activities such as a resource library, parent-to-parent support, workshops and trainings, and a help desk for families of

children with disabilities.

Eligibility: Must be families who suspect or have confirmed a diagnosis of

developmental disabilities for their birth-36 month old child.

Fees: No fee

**Phone:** 831-372-2730

#### **Program: Including Special Kids After School Program**

**Description:** Provides one-to-one assistive staffing (Inclusion Assistants) to aid

special needs children in navigating after-school activities, peer relationships, and learning opportunities in small and large groups.

Eligibility: Children aged 7-18 with developmental disabilities.

Fees: Program is free to consumers through the San Andreas Regional

Center. Private pay is also available.

**Phone:** 831-372-2730

#### **Program: REACH Community Programs**

**Description:** Offers children the opportunity to participate in activities and sports

that nurture their interests and talents at their own level and their own pace. Helps children develop gross motor skills, enhance cognitive abilities and socialize with peers and adults in nurturing, supportive

environments.

**Eligibility:** Children with special needs. **Fees:** Call for fee information.

**Phone:** 831-372-2730

## Agency: SUICIDE PREVENTION SERVICE OF THE CENTRAL COAST

**Description:** Nonprofit organization which provides 24/7 suicide and crisis phone support

to callers in the tri-county area.

Website: http://www.suicidepreventionservice.org

Phone: 831-459-9373 Administration

#### **Agency: SUN STREET CENTERS**

**Description:** Community based organization prevents alcohol and drug addiction by

offering education, prevention and recovery to individuals and families,

regardless of income level.

Website: http://www.sunstreetcenters.org

Address: 11 Peach Drive, Salinas

Phone: 831-753-5135 Main Number

#### **Program: Prevention Program**

**Description:** Provides a variety of services to community members and their

families in order to build awareness and promote action towards resolving community health problems relating to drug and alcohol

abuse.

Eligibility: Open to all.

Fees: No fee

Phone: 831-899-6577

#### Program: Pueblo del Mar Family Recovery Community

**Description:** Provides a safe, affordable, transitional housing program for

homeless women with children, men with children, and families with children. Offers a drug free/alcohol free environment, where residents build social networks and support systems designed to foster positive

lifestyles

**Eligibility:** - Homeless families in recovery with children;

- Legal resident of the United States;

- Parents must have 90 days clean and sober;

- Meets low-income requirement or receives CalWORKs;

- Willing to participate in community events and actively participate in

their own recovery.

Fees: Sliding fee
Phone: 831-582-9461

#### **Program: Safe Teens Empowerment Project**

**Description:** Focuses on teen drinking, drinking and driving, and initiated tobacco

usage by minors to reduce alcohol-related traffic injuries and deaths.

Eligibility: Youth, 18 years of age or younger.

Fees: No fee

**Phone:** 831-753-5150

#### **Agency: SUNRISE HOUSE**

**Description:** Community based organization seeks to help young people in the community

and their families reduce violence and crime, their misuse and abuse of drugs, to develop their sense of self, and to strengthen their family unity.

Website:http://www.sunrisehouse.orgAddress:119 Capitol Street, SalinasPhone:831-751-9350 Main Number

#### **Program: Seven Challenges**

**Description:** Offers a class on decision making skills concerning drug use.

Eligibility: Must be teens (aged 13-18).

Fees: No fee

**Phone:** 831-751-9350

#### **Program: Teen Closet**

**Description:** Provides new or gently used items to teens in need of clothing. Also

accepts clothing donations.

Eligibility: Must be teens (aged 13-18). Donated items must be in good

condition.

Fees: No fee

**Phone:** 831-751-9350

#### Program: Youth Alternative to Violence (YATV)

**Description:** Provides a sixteen-week program in which teens explore a variety of

personal issues. Helps clients examine their violent behaviors and develop healthy alternatives. YATV is a bi-level program, which addresses five basic types of violent or abusive behaviors.

Eligibility: Must be teens (aged 13-18).

Fees: No fee

**Phone:** 831-751-9350

#### Agency: THE EPICENTER

**Description:** Youth led community based organization which provides programs and drop

in referral services to at risk youth ages 16-24.

Website: <a href="http://www.epicentermonterey.org/">http://www.epicentermonterey.org/</a>

Address: 20 Maple Street, Salinas

Phone: 831-998-7291 Main Number

#### Agency: THE SALVATION ARMY MONTEREY PENINSULA CORPS

**Description:** Nonprofit organization provides emergency service to individuals in economic

crisis.

Website: <a href="http://www.tsamonterey.com">http://www.tsamonterey.com</a>
Address: 1491 Contra Costa Street, Seaside
Phone: 831-899-4911 Main Number

## **Program: Good Samaritan Center**

**Description:** Offers a drop-in center to help the needy, homeless and distressed.

Provides shelter, clothing, showers, laundry services, counseling,

mediation, advocacy, referral services, and seasonal food

distribution.

Eligibility: Must be homeless individuals.

Fees: No fee

**Phone:** 831-899-4988

#### **Program: Meal Services**

**Description:** Provides hot meals on a daily basis.

Eligibility: Open to all.

Fees: No fee

**Phone:** 831-899-4988

## Program: Phase II Transitional Housing

**Description:** Provides temporary housing for families with children needing help to

transition from homelessness into independent living. Clients can stay

up to 24 months.

Eligibility: - Must be homeless or on the verge of becoming homeless due to

eviction, domestic violence or divorce.

Must meet minimum income eligibility according to HHS guidelines.
Must be a legal U.S. resident, 18 years of age or older with children

currently living with you.
- Children must attend school.

Must be and remain, drug and alcohol free.Must provide criminal background check.

- Must be employed full time at least 30 days before entering

Transitional Housing Program.

Fees: Sliding fee
Phone: 831-899-1071

#### Agency: THE SALVATION ARMY OF SALINAS

**Description:** Nonprofit organization offers services to children, seniors and low income

residents.

Website: <a href="http://www.salvationarmysalinas.org">http://www.salvationarmysalinas.org</a>
Address: 2460 North Main Street, Salinas
Phone: 831-443-9655 Main Number

## **Program: Family Services**

**Description:** Offers emergency food, clothing vouchers. Also offers REACH

program for utility payment assistance and provides a computer to submit applications to the HEAP program. Other needs are based on

funding availability.

**Eligibility:** Salinas and Castroville residents only.

Fees: No fee

**Phone:** 831-443-9655

Program: Kid's Cafe

**Description:** Provides after-school activities which include a homework center,

computer lab, recreation and field trips, etc. Dinner is also provided.

Eligibility: Must be a child (aged 5-14).

Fees: Membership fee of \$25 per child, and \$2 daily use and bus fee \$1 (if

you ride the bus.

**Phone:** 831-443-9655 ext 2912

#### Agency: THE TREVOR PROJECT

**Description:** Nationwide crisis and suicide prevention helpline for lesbian, gay, bisexual,

transgender and questioning youth aged 13-24.

Website: <a href="http://www.thetrevorproject.org">http://www.thetrevorproject.org</a>
Toll Free: 866-488-7386 Trevor Lifeline

#### Program: Trevor Lifeline / TrevorChat / TrevorText

**Description:** Offers crisis intervention and suicide prevention services through a

toll free hotline, online chat and text services for LGBTQ youth.

Trevor Lifeline - national 24/7 crisis intervention and suicide

prevention lifeline.

TrevorChat - a free, confidential, secure instant messaging service which provides live help from trained volunteer counselors through

www.thetrevorproject.org.

TrevorText - a free, confidential, secure service in which LGBTQ youth can text a trained Trevor counselor for support and crisis

intervention. Text "Trevor" to 202-304-1200.

Eligibility: LGBTQ youth aged 13-24.

Fees: No fee

**Toll Free:** 866-488-7386

#### Agency: THE VILLAGE PROJECT, INCORPRATED (TVPI)

Description: Multi-service African American family resource center whose focus is to

provide treatment to underserved African American community as per the

Mental Health Services Act of 2004.

Website: <a href="http://villageprojectinc.org">http://villageprojectinc.org</a>

Address: 1069 Broadway Avenue, Suite 201, Seaside

**Phone:** 831-392-1500 Main Number

#### **Program: Community Services**

**Description:** Provides parenting classes, individual, child, and family counseling,

and grief support groups services.

Eligibility: Open to all.

Fees: No fee

Phone: 831-392-1500

Agency: UPLIFT FAMILY SERVICES

**Description:** Nonprofit organization which provides services to children and adolescents

with complex behavioral health challenges and helps them recover from

trauma such as abuse, severe neglect, addiction and poverty.

Website: <a href="http://upliftfs.org/">http://upliftfs.org/</a>

Address: 32 East Alisal Street, Suite 211, Salinas

**Phone:** 408-379-3790 Main Number

**Program: Therapeutic Behavioral Services (TBS)** 

**Description:** Short term program that focuses on changing a child's behavior while

emphasizing the child's strengths. Works in collaboration with the child, the child's caregivers and the primary mental health provider to address 1 to 3 behaviors that jeopardize the child's ability to remain in

his or her current home.

Eligibility: Referrals required. Eligible child or youth must

- have full-scope Medi-Cal

- meet medical necessity criteria (or have a qualifying mental health

diagnosis)

- be receiving other mental health services

- is currently living/has undergone/is being considered for placement in a group home facility, RCL 12 or above, psychiatric hospital or a

locked treatment facility.

Fees: Accepts Medi-Cal
Toll free: 877-488-5437

Agency: WATSONVILLE PUBLIC LIBRARY

**Description:** Library.

Website: <a href="http://cityofwatsonville.org/public-library">http://cityofwatsonville.org/public-library</a>
Address: 275 Main Street, Suite 100, Watsonville

Phone: 831-768-3400 Main Branch

**Program: Library Services** 

**Description:** Offers collection of books, newspapers, magazines, CDs, DVDs,

online resources, information services, and educational and cultural

programs for all ages.

**Eligibility:** Open to all. Must be a California resident to obtain a library card.

Fees: No fee

**Phone:** 831-768-3400

## Agency: YWCA OF MONTEREY COUNTY

**Description:** Nonprofit domestic violence service provider which offers 24/7 confidential

safe house, crisis line, counseling, education and training, and other services

in Monterey County.

Website: <a href="http://www.ywca.org">http://www.ywca.org</a>

Address: 236 Monterey Street, Salinas, Monterey

**Phone:** 831-422-8602 Main Number

## **Agency: YWCA OF WATSONVILLE**

**Description:** Nonprofit organization strives to empower women and work towards the

elimination of racism.

Website: <a href="http://www.ywcawatsonville.org">http://www.ywcawatsonville.org</a>
Address: 340 East Beach Street, Watsonville

**Phone:** 831-724-6078 Main Number

## **Program: Community Center**

**Description:** Offers youth programs to promote leadership skills and community

involvement. Including enrichment activities like sports, arts and crafts, academic programs, leisure activities, field trips, and also

provides after school care for young children.

Eligibility:Open to all.Fees:Vary by services.Phone:831-724-6078

## Directory of Parent Resources in Monterey County Addition, Change, Correction Form

Please use the following form to make suggested additions, changes and/or corrections to agency resources in the directory. Information submitted will be reviewed for inclusion in subsequent updated editions of the directory.

Descriptions should be 1-3 sentences long describing the primary services provided.

Detailed or perishable information associated with the agency or programs are provided to the caller when they call the agency or program directly.

Please complete one form for each agency or program or location when submitting new or updated information.

Information can be typed in or hand written, please print clearly.

Questions? Call Ronn Rygg at United Way (831) 372-8026 or email ronn.rygg@unitedwaymcca.org (preferred).

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Completed forms can be scanned and emailed to ronn.rygg@unitedwaymcca.org, faxed to United Way Monterey County at (831) 372-4945, Attn: 2-1-1 or mail copies to United Way Monterey County, 60 Garden Court #350, Monterey, CA 93940, Attn: 2-1-1.